

Becky's Story

Becky Barror was living the life of her dreams when it all came to a screeching halt. Shattered by the unexpected end of her 16-year marriage, losing her home to foreclosure, and left to raise her two boys on her own, one of whom is autistic, she wasn't sure how she would go on. Sitting alone on her couch one evening, she vividly remembers deciding that although she had no idea how, she had to find a way to forgive and create a life of happiness for herself and her children. What she didn't expect was the incredible transformation she would experience discovering a strength, self-worth, freedom, and joy like she had never known!

"Becky's energy, passion, relevance and connection with the audience is beyond impressive. Her message is relatable, and her light-hearted fun and engaging style keeps the audience entertained for the entire presentation.

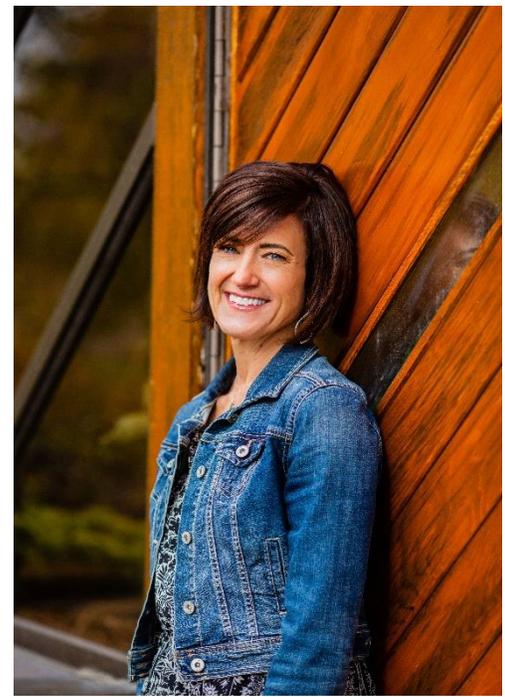
From the moment she enters the room to the moment she closes; her focus is on the attendees needs and her professionalism is top notch. Our attendees left the presentation energized and excited about her message and performance. We received a tremendous amount of positive feedback on her presentation and many of our members have hired her for coaching since she presented for our organization.

Becky performs on stage at a perfect pace delivering her presentation with great ease and professionalism. She includes great stories and makes them connect to the content leaving attendees with "Aha" moments and inspiration. She will create an experience that will have your audience talking for days."

-Dawn Luptowski, President, Women in Leadership, GLBR

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-Dawn Luptowski, President,
Women in Leadership GLB Region



Becky Barror

Speaker & Life Coach

Speaking Topics

- **Taming Your Inner Mean Girl**
Learning to change your inner dialogue for developing positive self-worth
- **Getting Comfortable with the Uncomfortable**
Strengthening your resiliency muscle to thrive despite life's challenges
- **The Superpower of your Mind**
Understanding how to consciously use your thoughts to create a life you love

EXPERTISE:

Becky has degrees from Michigan State University in Psychology & Communication, A Life Coaching Certification from Beautiful You Life Coaching Academy & Personal Experience with Divorce, Parenting Special Needs Children, Mental Health, & When a Loved one has Cancer.

SOME PAST AUDIENCES:

-YWCA Women's Empowerment Symposium
-Women in Leadership Mentor Circle
-Nexteer Automotive's Dress for Success
-Duperon Corporation Wellness Week
-Featured on ABC12 Newsmaker Live Your Best Life Edition
-Guest on The Confident Girl Podcast

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